

Naturally YOU

TAKING THE MYSTERY OUT OF YOUR HAIR CARE ROUTINE



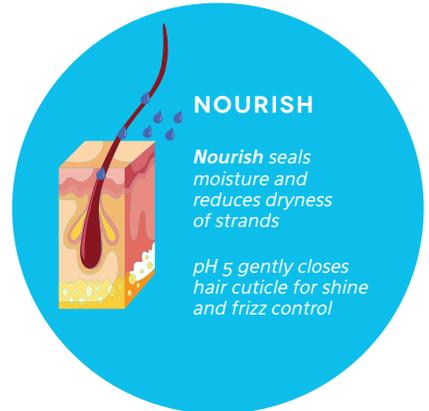
Nourish LEAVE-IN CONDITIONER

Use Nourish to set your twist or braid out after washing the hair.

1. Apply your favourite oil or syrum for heat protection.
2. Using a blow dryer with the **tension method** at medium to low. Leave 20% of the water moisture in your hair for best results.
3. Apply Sheena's Nourish from root to the ends of hair and set.
4. Sheena's Nourish leave-in conditioner is used regularly in salon for Wash & Go Styling. Nourish is used in salon with other gel products specific to styling the hair.

Our modified version using Sheena's Strengthen Treatment Gel:

- After washing with shampoo and conditioner apply Nourish root to ends.
- Tension method blow-dry low to medium heat root to ends.
- Leave 30% moisture in hair.
- Apply Strengthen Gel mid-shaft to ends.



Hydrate LEAVE-IN CLEANSER

Use Hydrate to remove grease and/or pomade build up.

1. Cleanse and refresh your hair between washes using Sheena's Hydrate.
2. Our foam based cleanser removes build-up from edge creams and pomades without busting up your style.
3. Seponaria flower reduces shrinkage and moisturizes the hair and scalp beautifully.



Strengthen LEAVE-IN TREATMENT

Strengthen with our silk protein gel treatment after "texture bending" and over manipulation due to styling.

1. Sheena's Strengthen fortifies your stands when needed.
2. Apply mid-shaft to ends. Build and mend the most vulnerable strands of hair.
3. Our plant based treatment gel deposits tiny plant and silk protein fibres to fill cracks and porosity along the shaft.

